State of Behavioral Health

Los Angeles Area Chamber of Commerce
Health Care Committee

July 11, 2016
Outline

- HASC overview
- Fast facts on behavioral health
- Emergency Department (volume)
- Top Diagnosis
- Primary Payer
- Contributing factors and opportunities
About HASC

- Hospital / Hospital System membership association
  - Non-Profit
  - Investor
  - Public
  - Academic
- 175 hospitals in six counties
- Advocacy
- Educational trainings
- Data resources
- Fee based services
Mission:

To lead, represent and serve hospitals, and their related organizations, working collaboratively with our members and other stakeholders to improve health and health care in the communities we serve.
Fast Facts: Nationally

Nationally

- 1 in 5 adults experience mental illness
- 1 in 25 adults live with serious mental illness
- ½ Chronic mental illness begin by age 14
- ¾ Chronic mental illness begins by age 24

Source: National Alliance on Mental Illness
Statewide: Behavioral Health

Behavioral Health ED visits grew at a greater rate than rate of total ED volume

Behavioral Health in ED grew at a rate of +8% per year for an aggregate increase of +47%

Total ED volume grew at a rate of +3% per year for an aggregate increase of +14%

Source: Stratasan analysis of OSHPo ED Volume; Trend Rate adjusted for population growth.
Fast Facts: Statewide

Affordable Care Act – Year One (2011)
- 10.9 million Emergency Department visits (statewide)
- 2.7 million (LA County)

Affordable Care Act – Year 4 (2014)
- 12 million Emergency Department visits (statewide)
  - 1 million – Behavioral Health visits
- 3 million Emergency Department visits (LA County)
  - 438,489 – Behavioral Health visits

Source: OSHPD
L.A. County: Behavioral Health Visits

- 2011: 300,000
- 2012: 350,000
- 2013: 400,000
- 2014: 450,000
Behavioral Health Access (24/7)

- 96 hospitals in Los Angeles County
  - 35 LPS-Designated hospitals
    (General Acute and Acute Psychiatric facilities)

- Inpatient Bed Capacity
  - California: psychiatric bed supply: 5,776
  - L.A. County: psychiatric bed supply: 2,169

- 4 mental health urgent care centers
  (four additional centers under development)

Source: OSHPD & LACDMH
## L.A. County: Top ED Diagnosis for Behavioral Health

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>History: Mental Health &amp; Substance Abuse</td>
<td>24.2%</td>
<td>26.5%</td>
<td>27.4%</td>
<td>30.1%</td>
</tr>
<tr>
<td>Anxiety Disorder</td>
<td>23.2%</td>
<td>24.4%</td>
<td>24.4%</td>
<td>24.9%</td>
</tr>
<tr>
<td>Mood Disorder</td>
<td>21.2%</td>
<td>21.1%</td>
<td>21.6%</td>
<td>21.4%</td>
</tr>
<tr>
<td>Alcohol Related</td>
<td>19.2%</td>
<td>18.1%</td>
<td>17.8%</td>
<td>17.6%</td>
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<tr>
<td>Substance Related</td>
<td>12.5%</td>
<td>13.2%</td>
<td>14.5%</td>
<td>15.0%</td>
</tr>
<tr>
<td>Schizophrenia</td>
<td>9.5%</td>
<td>9.1%</td>
<td>9.7%</td>
<td>9.4%</td>
</tr>
</tbody>
</table>

Source: OSHPD
# Primary Payer

<table>
<thead>
<tr>
<th>Payer</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
<th>2014</th>
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</thead>
<tbody>
<tr>
<td>Medi-Cal</td>
<td>21.6%</td>
<td>21.5%</td>
<td>23.6%</td>
<td>33.8%</td>
</tr>
<tr>
<td>HMO</td>
<td>16.5%</td>
<td>17.5%</td>
<td>16.8%</td>
<td>17.5%</td>
</tr>
<tr>
<td>Self Pay</td>
<td>30.3%</td>
<td>25.6%</td>
<td>23.4%</td>
<td>16.5%</td>
</tr>
<tr>
<td>Medicare Part B</td>
<td>5.3%</td>
<td>6.1%</td>
<td>9.8%</td>
<td>11.8%</td>
</tr>
<tr>
<td>HMO Medicare Risk</td>
<td>6.7%</td>
<td>7.4%</td>
<td>8.0%</td>
<td>8.6%</td>
</tr>
<tr>
<td>PPO</td>
<td>4.7%</td>
<td>5.0%</td>
<td>4.9%</td>
<td>5.0%</td>
</tr>
</tbody>
</table>

Source: OSHPD
Contributing Factors

- LPS Act - outdated
- Poor reimbursement
- Growing population
  - homeless
- Poor access to outpatient services
- Prison realignment
- Workforce shortage
Opportunities

- Tele-Health / Tele-Psychiatry
- Mental health urgent care centers
- AB 1300 (Ridley-Thomas)
  - Improve delivery system and avoid unwarranted hospital detention; protection of individual civil rights
  - Permit ED physician to place and remove a 5150 hold
  - Recently amended to remove physician ability to place a hold
Solutions

- H.R. 2646 (Murphy)
  - Weakens the Institutions for Mental Disease (IMD) Exclusion
  - Federal law prohibits Medicaid reimbursement for any person over 21 and under age 65 in an IMD
  - Hospital, nursing facility, or other institution > 16 beds
  - Permits 14-days of inpatient treatment
Thank you!

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